

PSHE & RSE LTP

	Early Years	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
Aut 1	Rules and Routines. Zones of Regulation. Friends. Healthy Eating Hand Washing Co-regulation: The Colour Monster Modelling: Choose it, use it, put it away.	School Values Rules and Routines. Class Contract. Zones of Regulation. Online Safety. Ten:Ten Module 2, Unit 3 Real Life Online Rules to help us Module 1, Unit 1 Let the Children Come.	School Values Rules and Routines. Class Contract. Zones of Regulation. Online Safety. Ten:Ten Module 2, Unit 3 Real Life Online Rules to help us Module 1, Unit 1 Let the Children Come.	School Values Rules and Routines. Class Contract. Zones of Regulation. Friendships. Online Safety. Black History Month Ten:Ten Module 1, Unit 1 Get Up. The Sacraments Module 1, Unit 2 We don't have to be the Same. Respecting Our Bodies.	School Values Rules and Routines. Class Contract. Zones of Regulation. Friendships. Online Safety - (computing PPA) Black History Month Circle of Control Ten:Ten Module 1, Unit 1 Get Up. The Sacraments. Module 1, Unit 2 We don't have to be the Same. Respecting Our Bodies.	School Values Rules and Routines. Class Contract. Zones of Regulation. Community. Rights and Responsibilities. Getting to know each other. Working Together. House Captains Ten:Ten Module 1, Unit 2 Gifts and Talents. Module 1, Unit 3 Body Image	School Values Rules and Routines. Class Contract. Buddies. Zones of Regulation. Rights and Responsibilities House Captains Resources - Plastic Pollution Geography Ten:Ten Module 1, Unit 1 Emotional Changes Seeing Stuff Online.
Aut 2	Rules and Routines. Zones of Regulation. Anti Bullying Week. Road Safety Week. Rail Safety. Firework Safety. Online Safety: Smartie the Penguin Healthy Eating. Co-regulation: What to do when you feel like hitting. Remembrance. Other cultures: Diwali Seasons walk: Autumn	Zones of Regulation. Anti Bullying Week. Road Safety Week. Stranger Danger. Railway Safety. Christmas Play. Ten:Ten Module 1, Unit 2 I am unique. Girls and Boys	Zones of Regulation. Anti Bullying Week. Road Safety Week. Stranger Danger. Railway Safety. Christmas Play. Ten:Ten Module 1, Unit 2 Clean and Healthy (My Body)	Zones of Regulation. Anti Bullying Week. Road Safety Week. Health. Black History Month Ten:Ten Module 1, Unit 3 What am I Feeling? What Am I Looking At? I Am Thankful! Module 1, Unit 4: Life Cycles.	Zones of Regulation. Anti Bullying Week. Road Safety Week. Friendship and Respect Online Safety Ten:Ten Module 1, Unit 3 What am I Feeling? What Am I Looking At? I Am Thankful! Module 1, Unit 4: Life Cycles.	Zones of Regulation. Anti Bullying Week. Road Safety Week. Online Safety. Making and sustaining friendships. Conflict Resolution. Keeping Safe. Senior Citizens Lunch. Rights and responsibilities - reverse Advent Calendar Ten:Ten Module 1, Unit 3 Peculiar Feelings.	Zones of Regulation. Anti Bullying Week. Road Safety Week. Online Safety. Rules and Laws/Inequality (Suffragettes) Rights and responsibilities - reverse Advent Calendar Ten:Ten Module 2, Unit 3 Sharing Isn't always caring.

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Spr 1	Rules and Routines. Zones of Regulation. Healthy Eating. Seasons walk - Winter Other cultures: Chinese New Year. Ten:Ten Module 1, Unit 1 Hand Made with Love. (Delivered through class prayer and liturgy) Module 1, Unit 2 I am me. Heads Shoulders, Knees and Toes. Ready Teddy Module 1, Unit 3: I Like, You Like, We All Like. Good Feelings, Bad Feelings. Let's Get Real.	Zones of Regulation. Online Safety. Ten:Ten Module 2, Unit 3. Feelings, Likes and Dislikes Super Suzie Gets Angry	Zones of Regulation. Online Safety. Ten:Ten Module 1, Unit 3. Feeling Inside Out Module 1, Unit 4 The Cycle of Life Beginnings and Endings	Growth Mindset. Zones of Regulation. Feelings. Online safety. Ten:Ten Module 2, Unit 1 Jesus My Friend. Module 2, Unit 2 Friends, Family and Others. When Things Feel Bad. Balancing Needs.	Zones of Regulation. Well Being. Online Safety week. Online Safety - (computing PPA) Ten:Ten Module 2, Unit 1 Jesus My Friend. Module 2, Unit 2 Friends, Family and Others. When Things Feel Bad. Balancing Needs.	Zones of Regulation. Growing and caring for ourselves. Valuing Difference. Healthy eating and exercise. Goal setting and motivation. Money - saving and budgeting Ten:Ten Module 2, Unit 2 Under Pressure. Do You Want a Piece of Cake?	Rules and Routines. Class Contract. Buddies. Zones of Regulation. Keeping Safe. Ten:Ten Module 2, Unit 3 Cyberbullying
Spr 2	Rules and Routines. Zones of Regulation. Online Safety. Seasons walk: Spring Ten:Ten Module 1, Unit 4: Growing Up. Module 2, Unit 1 Role Model.	Zones of Regulation. Emergency Services. Ten:Ten Module 2, Unit 2 Special People	Zones of Regulation. Emergency Services. Ten:Ten Module 2, Unit 1 God Loves You Module 2, Unit 2 Treat Others Well... ...And Say Sorry	Zones of Regulation. Staying Safe. Easter Play. Money - wants and needs Ten:Ten Module 2, Unit 3 Sharing Online. Chatting Online. Safe in My Body. Recognising Risk. Drugs, Alcohol and Tobacco. First Aid Heroes.	Zones of Regulation. Online Safety. Easter Play. Ten:Ten Module 2, Unit 3 Sharing Online. Chatting Online. Safe in My Body. Recognising Risk. Drugs, Alcohol and Tobacco. First Aid Heroes.	Zones of Regulation. Online Safety. Identity and self-esteem. Difference and diversity. Peer influence and assertiveness. Ten:Ten Module 2, Unit 2 Self-Talk. Build Others Up!	Zones of Regulation. Online Safety. Ten:Ten Module 2, Unit 3 Types of Abuse. Impacted Lifestyles. Giving Assistance.

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Sum 1	Mental Health Week. Rules and Routines. Zones of Regulation. Healthy Eating. Lambing. Police visit. Ten:Ten Module 2, Unit 2 Who's Who. You've Got a Friend in Me. Forever Friends. Module 2, Unit 3 What is the internet? Playing online.	Mental Health Week. Zones of Regulation. Water Safety - RNLI Online Safety. Ten:Ten Module 2, Unit 4. Keeping Safe Good Secrets & Bad Secrets.	Mental Health Week. Zones of Regulation. Water Safety. Online safety. Ten:Ten Module 2, Unit 4 Good Secrets & Bad Secrets. Physical Contact. Harmful Substances. Can You Help Me? Part 1 Can You Help Me? Part 2	Mental Health Week. Rules and Responsibilities. Zones of Regulation. Online Safety. Ten:Ten Module 3, Unit 1 A Community of Love. What is the Church? Module 3, Unit 2 How do I Love Others?	Mental Health Week. Rules and Responsibilities. Zones of Regulation. Online Safety - (computing PPA) Ten:Ten Module 3, Unit 1 A Community of Love. What is the Church? Module 3, Unit 2 How do I Love Others?	Mental Health Week. Comfortable and uncomfortable feelings. Problems in relationships. Anti Bullying. Help and Support. Ten:Ten Module 1, Unit 2 Boys Bodies Girls Bodies	Mental Health Week. Zones of Regulation. Basic First Aid Rules and Laws/Inequality (Windrush Generation) Ten:Ten Module 1, Unit 4 Making Babies pt 1. Making Babies pt 2. Menstruation.
Sum 2	Rules and Routines. Zones of Regulation. Online Safety. Seasons walk: Summer River Safety. Transition. Ten:Ten Module 2, Unit 4: Safe Inside and Out. My Body, My Rules. Feeling Poorly. People Who Help Us. Module 3, Unit 1 God Is Love. Loving God, Loving Others. Module 3, Unit 2 Me, You, Us.	Zones of Regulation. Transition. Ten:Ten Module 3, Unit 1 The Communities We Live In Who is my Neighbour?	Zones of Regulation. Transition. Ten:Ten Module 3, Unit 1 3 in 1 Trinity	Zones of Regulation. Transition.	Zones of Regulation. Transition. Online Safety.	Zones of Regulation. Online Safety Rules and responsibilities. Participation. Local democracy. Voluntary groups. Fund-raising activities. Summer Play. Transition. Ten:Ten Module 1, Unit 2 Spots and Sleep	Zones of Regulation. Online Safety. Secondary School police officer talk. Summer Play Transition - ELSA Money - White Rose money management project Ten:Ten Module 2, Unit 4 Giving Assistance