

# ST MARGARET CLITHEROW CATHOLIC PRIMARY SCHOOL

## RSHE/PSHE

**L**earning for life, loving God

**O**urselves and others.

**V**aluing all of His creation

**E**nable us to do our best.

### **Intent:**

*What is the intent of the RHSE/PHSE curriculum?*

At St Margaret Clitherow Catholic Primary School, we believe in the unique dignity of the human person made in the image and likeness of God. This belief underpins the approach to all education in our school. Our approach to RHSE/PSHE therefore is rooted in the Catholic Church's teaching of the human person and is presented positively and prudently. Emanating from this vision of what it means to be human, our intent is to give the children the opportunity to explore relationships and life cycles, health and our bodies as well as how to stay safe in their community. Our teachings will allow the children to build their relationship with God and deepen their understanding of the role He plays in all aspects of our lives.

All RHSE/PSHE will be in accordance with the Church's moral teaching, nurturing human wholeness and the physical, spiritual, emotional, moral, social and intellectual development of pupils. We make links to Catholic Social Teaching and its 9 principles as well as to British Values and the protected characteristics of age, gender, disability, race and religion/belief. We want every child to learn to respect, believe, achieve and understand the importance of working hard while striving to be good citizens of their communities both in school, at home and in the wider world as they get older. We will respect and support one another, embrace diversity and celebrate each other's talents and successes through a curriculum which underpins and develops these core values.

### **Implementation:**

*How does the curriculum overview allow all children to achieve?*

To ensure high standards of teaching and learning in RHSE/PHSE at St Margaret's, we have chosen to use the 'Life to the Full' programme by Ten Ten Resources - an award-winning Catholic educational organisation that is well-respected and very experienced in this field of work. 'Life to the Full' has been approved by our diocese, school governing body and parents. This is a fully resourced Scheme of Work in Relationships and Health Education and Sex Education (RHSE) for Catholic primary schools which embraces and fulfils the new statutory curriculum.

In addition to the 'Life to the Full' programme, St Margaret's also incorporates discreetly taught lessons covering additional areas of the PSHE curriculum developing in the children a deep awareness of risk, citizenship and the law.

*How is prior knowledge revisited?*

Taught with a spiral approach to learning, pupils revisit prior knowledge at an age-appropriate stage through their school life. The 'Life to the Full' programme includes teaching about personal health, physical and emotional wellbeing, strong emotions, private parts of the body, personal relationships, family structures, trusted adults, growing bodies, puberty, periods, life cycles, the dangers of social media, where babies come from, an understanding of the Common Good and living in the wider world.

## **Impact:**

*What does impact look like?*

By the time they leave St Margaret's, all children will have accessed RSHE/PHSE education that enables them to become healthy, independent and responsible members of society. It helps them understand how they are developing personally, morally, spiritually and socially, and tackles many of the moral, social and cultural issues that are part of growing up. Our broad and balanced curriculum allows pupils to learn about rights and responsibilities and appreciate what it means to be a member of a diverse society honouring our beliefs in the unique dignity of the human person made in the image and likeness of God. Our children are encouraged to develop their sense of self-worth by playing a positive role in contributing to school life and the wider community.

In the Early Years Personal, RHSE/PSHE education is entwined throughout the whole curriculum and supports the prime area; Personal, Social and Emotional Development. It is taught through age appropriate lessons from the 'Life to the Full' programme and during child-initiated learning. Embedding learning in this way ensures that it is relevant and meaningful to our youngest learners, which enables them to make links with the learning in their own lives.

The impact of RSHE/PSCH ensures our children will:

- Have a ready willingness and ability to try new things, aspire and persevere.
- Have a good understanding of how to stay safe (including online), healthy and develop good relationships.
- Build their self-efficacy
- Be able to put their knowledge into practice as they develop the capacity to make sound decisions when facing risks, challenges and complex contexts
- Develop resilience, to know how and when to ask for help, and to know where to access support
- Have a deep understanding and uphold the Christian beliefs in the unique dignity of the human person made in the image and likeness of God
- Reflect Gods beauty and understand they share in God's divine creativity
- Have an appreciation of what it means to be a positive member of a diverse, multicultural society valuing every individual.
- Have a strong self-awareness, interlinked with compassion for others.