

## PE Long Term Plan

This is provisional and may change due to upcoming CPD and release of the School Games calendar

\* = possible school games / inter-schools competitions

| Year Group | Aut 1                               | Aut 2                                        | Spr 1                                 | Spr 2                              | Sum 1                                                                  | Sum 2                                     |
|------------|-------------------------------------|----------------------------------------------|---------------------------------------|------------------------------------|------------------------------------------------------------------------|-------------------------------------------|
| EYFS       | <b>Playground games/<br/>BEAM</b>   | <b>Playground games/<br/>BEAM</b>            | <b>Movement and<br/>travelling</b>    | <b>Movement and<br/>travelling</b> | <b>Sports day/Balls<br/>skills</b>                                     | <b>Games &amp; Ball skills</b>            |
| Year 1     | BEAM<br><br>OAA                     | Ball Sports<br><br>Infant agility*           | Dance<br><br>Netball                  | Football<br><br>Invasion games+    | Athletics – Sports’<br>day practice<br><br>Gym                         | Multi-skills –<br>invasion<br><br>OAA     |
| Year 2     | Ball skills<br>Football*<br><br>Gym | Infant agility*<br><br>Dance                 | Tag Rugby<br><br>Netball              | OAA<br><br>BEAM                    | Tennis/Swimming<br><br>Athletics –incl.<br>Sports’ day practice        | Tennis/Swimming<br><br>Rapid Fire Cricket |
| Year 3     | Dance<br><br>Rounders               | Tag Rugby<br><br>OAA                         | Gym<br><br>Yoga /Swimming             | Tri-golf*<br><br>Yoga /Swimming    | Athletics inc. Sports’<br>day practice*<br><br>Cricket                 | Quicksticks Hockey<br><br>Tennis          |
| Year 4     | Gym<br><br>Netball/Swimming         | Sportshall Athletics<br><br>Netball/Swimming | Tag rugby<br><br>Dance                | Football<br><br>Dance              | Tennis<br>Sports’ day practice*<br><br>Rounders                        | Ultimate Frisbee<br><br>OAA               |
| Year 5     | Tag Rugby*<br><br>Baseball          | Sport’s hall athletics*<br><br>Hockey        | Netball*<br><br>Boxing/Dance+         | Cricket*<br><br>Gym Key steps      | Athletics –incl.<br>Sports’ day practice*<br><br>Tennis                | Lacrosse<br><br>OAA                       |
| Year 6     | Basketball<br><br>Tag rugby*        | Netball<br><br>Gymnastics                    | Gymnastics key<br>steps<br><br>Hockey | Lacrosse<br><br>Cricket            | Athletics –Sports’ day<br>practice<br><br>Baseball<br>+ extra swimming | OAA<br><br>Dance                          |