

ST MARGARET CLITHEROW CATHOLIC PRIMARY SCHOOL

PE

Learning for life, loving God

Ourselves and others.

Valuing all of His creation

Enabling us to do our best

What is the intent of the PE curriculum?

At St Margaret Clitherow Catholic primary, we ensure all children have the opportunity to be physically active through 2 hours of PE lessons each week, physical activity (movement in lessons, active break and lunch times, clubs) and school sport. Through a broad and varied curriculum, children develop and progress their skills through a range of sports, games and activities in a safe way to enable them to progress and achieve at PE and enjoy an active lifestyle.

Children should:

- know the importance of exercise for a healthy body and good mental health
- understand that being healthy includes choices that we make about diet and lifestyle
- engage in active playtimes and lunchtimes through play and clubs
- learn fundamental skills for a range of PE, sport and games
- be taught strong foundations for self-care and fundamental movements and gross motor control in EYFS
- have access to a broad and varied curriculum activities that includes games, gymnastics, dance, swimming, and OAA
- be physically active most of each PE lesson
- have access to wider physical activities through a broad range of extra-curricular clubs and opportunities to represent the school at sport and games through competition with local school, the LATSSP (School sports partnership) and KSPC events.
- have the opportunity to lead PE activities
- be taught important values in PE, including: fair play, resilience, team-work, inclusion
- be assessed systematically to identify children who need further support or greater challenge
- be able to swim 25m unaided by the end of KS2

Implementation

How does the curriculum allow all children to achieve?

All children in KS1 and KS2 have 2 hours of PE timetabled each week. Children are also taught through PE, science or PSHE to know what a healthy diet looks like and what needs to be included in a healthy lifestyle and the effects of physical activity on the human body. All children in KS1 and LKS2 have swimming lessons as part of their PE delivery.

Lessons are delivered in a safe environment, begin with a warm up and end with a cool down. PE lessons start with fundamental skills for the activity, before moving towards

small-sided team games and tournaments to develop awareness of effective teamwork and tactics. PE planning includes strategies that allow any activity to be adapted for individual children that require greater support or need a greater challenge.

Rotas are used to ensure all year groups have the opportunity to use the AstroTurf and field for games at lunchtime. Active lunchtimes are targeted and led by teachers, coaches or the year 6 Sports prefects who organise and run clubs.

How is prior knowledge revisited?

Opportunities for all children to achieve, and to provide further development for able children, are embedded in every lesson and the wider school curriculum. The PE long-term plan is written to enable progress by revisiting previous PE sports and games and that fundamental skills can be used in a variety of contexts. Intra-school and inter-school competition also enable children to use their PE and school sport skills in match situations and competitions.

How is assessment used effectively?

Verbal feedback is given in lessons to help learners make immediate improvements in their skills, with immediate interventions for those who need greater support. Formative Assessment is embedded throughout the school and interventions are used to help the development of children identified as not reaching end of key stage targets.

Planning includes clear success criteria for assessment so in every lesson, children can achieve Gold, Silver or Bronze. Where appropriate, children can self-assess against the success criteria. End of year reports inform parents of their child's attainment.

Sports Premium Funding is used to increase physical competency of staff and children and also provides staff with resources and high-quality equipment.

How is cultural capital developed through the curriculum?

Children's successes are celebrated via the sports board, weekly celebrations in assemblies and weekly sports awards for each phase group. Reports of St Margaret Clitherow pupils and school teams' results are reported in assemblies, on the Sports' Board, on the website/Facebook page and in the weekly newsletter.

Children have many opportunities to represent the school at inter-school competitions from KS1 to UKS2, including competitions targeted at those children who do not regularly participate in team sport and those who are talented in certain sports and games.

The PE curriculum is continually revisited and revised to try to incorporate different and diverse activities and ensure a breadth of opportunity for all children.

What does the impact look like?

Children are able to explain the benefits of healthy living and an active lifestyle on themselves physically and mentally. All learners develop the skills to take part in a wide range of PE activities, including those needed to succeed at secondary schools. Leadership skills and confidence mean children are happy to show and demonstrate their learning. In

lessons, children can assess their progress. They can assess their peers and suggest ways others can also improve. Teachers are confident in their delivery of high-quality PE lessons. They can access support for areas of development or different teaching ideas.

Children enjoy PE and physical activity, and have a positive attitude to lessons. All children will have been offered the opportunity to represent the school at sport or school games on at least one occasion during their school life. Children leave St Margaret's with a positive and healthy relationship with being active and taking part in sports and games.